

# #29 CREATING ACTIVE COMMUNITIES: PHYSICAL ACTIVITY GUIDELINES FOR LOCAL COUNCILS

## THE NEW SOUTH WALES OFFICE OF LOCAL GOVERNMENT (NSW)

Guidelines, 2008

**Topic for advocacy** HEPA - Physical Activity and Health and Local Clubs / Sport facility management and urban planning / Cycling, transportation and active travel / Education and Active Schools / Obesity and behavioural change

<http://beactive.dsr.wa.gov.au/assets/files/Local%20Government/PA%20Plans/Creating%20Active%20Communities%20Physical%20Activity%20Guidelines%20for%20Local%20Councils.pdf>

### Description of the good example

The guide was developed by the Department of Local Government, NSW Health Department, NSW Sport and Recreation, and the National Heart Foundation of Australia (NSW Division) in 2008. The purpose of this guide is to provide local governments with a practical resource that will assist them in encouraging local communities to be more physically active.

### Target - Who can best use this example or document?

Local governments, local councils, not-for-profit organisations, local education organisations.

### Highlights and outcomes

#### Why could it be useful for your organisation and advocacy?

The guidelines build capacity for local governments, establish cross-sectoral collaboration between different stakeholders (school employees, health-care providers, community members, and policy makers). It is transferable to other governments and supports sustainable activation.

### Learning points - What can we learn from it?

What are the necessary tools and resources for advocacy for local governments in their communities. How to collaborate between different stakeholders on a local level.

### Further information

The New South Wales Office of Local Government (NSW)

[olg@olg.nsw.gov.au](mailto:olg@olg.nsw.gov.au)

<https://www.olg.nsw.gov.au/>

*\*All information in this entry is sourced from the link above and contact mentioned in the document.*