

#20 FACTSHEETS ON HEALTH ENHANCING PHYSICAL ACTIVITY IN THE 28 EUROPEAN UNION MEMBER STATES OF THE WHO EUROPEAN REGION

WORLD HEALTH ORGANISATION (WHO)

Factsheet, 2015

Topic for advocacy HEPA - Physical Activity and Health and Local Clubs / Obesity and behaviour change / Education and Active Schools

http://www.euro.who.int/__data/assets/pdf_file/0007/288106/Factsheets-on-health-enhancing-physical-activity-in-the-28-European-Union-Member-States-of-the-WHO-European-Region.pdf?ua=1

Description of the good example

Europe has initiated a collaborative project with the aim to develop and expand monitoring and surveillance of health-enhancing physical activity (HEPA) in the 28 EU Member States of the WHO European Region. It was developed as a part of a joint initiative between the European Commission (EC) and WHO Regional Office for Europe. While the individual country fact sheets are issued separately, this short publication gives an overview of the monitoring and surveillance of physical (in)activity of adults, adolescents and children in EU Member States. Used methodology and the data sources are also described.

Target - Who can best use this example or document?

Policy makers, municipal, provincial and federal government, not-for-profit organisations, sport organisations, national and local governments.

**All information in this entry is sourced from the link above and contact mentioned in the document.*

Highlights and outcomes

Why could it be useful for your organisation and advocacy?

The fact sheet supports the exchange of experiences, policy development and action in the area of physical activity. The document is innovative, transferable, and shares knowledge on how to actively include cross-sectoral collaboration between countries to implement pan-European physical activity guidelines.

Learning points - What can we learn from it?

Member States can learn how to share success stories, experience, and inspire other for further development and implementation.

Further information

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