

#77 HEPS INVENTORY TOOL - AN INVENTORY TOOL INCLUDING QUALITY ASSESMENT OF SCHOOL INTERVENTIONS ON HEALTHY EATING AND PHYSICAL ACTIVITY

THE NETHERLANDS INSTITUTE FOR HEALTH PROMOTION (NIGZ)

Toolkit, 2010

Topic for advocacy HEPA - Physical Activity and Health

<https://files.eric.ed.gov/fulltext/ED518321.pdf>

Description of the good example

Document talks about the need for quality health promotion. Furthermore, document introduces the HEPS inventory tool, which helps to develop a structured inventory of existing school-based interventions on healthy eating and physical activity at regional or national level. It also explains to its users the structure of a high quality school-based intervention in these areas.

Target - Who can best use this example or document?

Teachers, organisations.

Highlights and outcomes

Why could it be useful for your organisation and advocacy?

Organisations and teachers can use the tool to monitor how effectively the HEPS schoolkit is being implemented. Furthermore, inventory tool can also serve as a source of inspiration for other organizations.

Learning points - What can we learn from it?

The HEPS Inventory Tool suggests specific methods and strategies for mapping school-based interventions on healthy eating and physical activity with an emphasis on quality assessment and development.

Further information

The Netherlands Institute for Health Promotion (NIGZ)

info@nigz.nl

<http://www.nigz.nl/>

**All information in this entry is sourced from the link above and contact mentioned in the document.*