

#65 TURNING THE TIDE OF INACTIVITY

UK ACTIVE

Report, 2014

Topic for advocacy HEPA - Physical Activity and Health

<http://www.ukactive.com/turningthetide/>

Description of the good example

This report provides the first detailed analysis of its kind, focusing on physical inactivity at both, national and local levels. It examines the rate of inactivity amongst top-tier local authorities and analyse its relationship with premature mortality, cost and spend, leisure facilities and green spaces.

Target - Who can best use this example or document?

Public health department, policy makers, state and local governments, local authorities.

**All information in this entry is sourced from the link above and contact mentioned in the document.*

Highlights and outcomes

Why could it be useful for your organisation and advocacy?

This report provides the first detailed analysis of physical inactivity, both at a national and local level. It examines the rate of inactivity in each top tier local authority and analyses its relationship with premature mortality, cost and spend, leisure facilities and green spaces.

Learning points - What can we learn from it?

The governments are advised to develop and deliver a cross-party, cross-government and cross-sectoral national inactivity strategy. Local authorities should therefore prioritise its resources towards physical inactivity programmes equally compared to a simmilar top-tier programmes focusing on public health risks.

Further information

UK Active

info@ukactive.org.uk

<http://www.ukactive.com/>