

#30 HEALTHY ENVIRONMENTS, HEALTHY CHILDREN

THE HEART FOUNDATION AND THE WESTERN AUSTRALIAN COUNCIL OF STATE SCHOOL ORGANISATIONS (WACSSO)

Guidelines, 2008

Topic for advocacy HEPA - Physical Activity and Health and Local Clubs / Obesity and behaviour change / Education and Active Schools / Cycling, transportation and active travel / Sport facility management and urban planning

<http://beactive.dsr.wa.gov.au/assets/files/Guidelines/Guidelines%20Healthy%20Environments%20Healthy%20Children.pdf>

Description of the good example

Healthy Environments, Healthy Children is a collaborative project of the Heart Foundation and the Western Australian Council of State School Organisations (WACSSO). This guide is linked to the «Tracks2school» program - a collaborative project between the Department of Transport, Physical Activity Taskforce and Heart Foundation. It is a guide to advocate for walking and cycling, and how to overcome other health issues. This is achieved through assisting parent groups to influence their school communities and making positive changes to the environment, making it easier for children to lead healthy, more active lives. The document includes easy-to-use templates, case studies, and links to existing programs and services.

Target - Who can best use this example or document?

Local councils, local governments, parent groups, physical education and health education teachers, school nutrition directors, school health councils, physical education teachers, curriculum coordinators.

**All information in this entry is sourced from the link above and contact mentioned in the document.*

Highlights and outcomes

Why could it be useful for your organisation and advocacy?

The guide shows the importance of voluntary activities to promote social inclusion and equal opportunities, and how to build capacity in civil society and school settings. It is a very good example on successful advocacy towards the community at large and society in general.

Learning points - What can we learn from it?

School communities and societies in general can learn about the necessary steps for creating healthier school and community environments.

Further information

The Heart Foundation and the Western Australian Council of State School Organisations (WACSSO)
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